

Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Morning Tea	Raisin & Wholemeal Toasts & Spreads Fruit Water	Raisin & Wholemeal Toasts & Spreads Fruit Water	Raisin & Wholemeal Toasts & Spreads Fruit Water	Raisin & Wholemeal Toasts & Spreads Fruit Water	Muffins & Spreads Fruit Water
Lunch	Macaroni Cheese Peas, Carrots & corn	Tuna Pasta Bake	Chicken and Veg Curry with Rice	Shepherd's Pie Peas and Corn	Mixed Sandwiches
Dessert	Fruit & Custard Water	Vanilla Yoghurt Water	Fruit and Custard Water	Vanilla Yoghurt Water	Icecream Cones Water
Afternoon Tea	Saos with Spreads Cheese and Fruit Veg Medley Water	Sultana wholemeal & Oat slice Cheese and Fruit Veg Medley Water	Shredded wheatmeal biscuits Cheese and Fruit Veg Medley Water	Vegemite & cheese baked fingers Cheese and Fruit Veg Medley Water	Rice Crackers & Spreads Cheese and Fruit Veg Medley Water
After 5pm	Vegetable Platter	Vegetable Platter	Vegetable Platter	Vegetable Platter	Vegetable Platter

Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Morning Tea	Raisin & Wholemeal Toasts & Spreads Fruit Water	Raisin & Wholemeal Toasts & Spreads Fruit Water	Raisin & Wholemeal Toast & Spreads Fruit Water	Raisin & Wholemeal Toasts & Spreads Fruit Water	Muffins & Spreads Fruit Water
Lunch	Pasta Roma	Fried Rice	Mexican Mince and Beans	Sausages with Mash Peas and Corn	Mixed Sandwiches
Dessert	Vanilla Yoghurt Water	Fruit and Custard Water	Vanilla Yoghurt Water	Fruit and Custard Water	Icecream Cones Water
Afternoon Tea	Saos & spreads Cheese and Fruit Veg Medley Water	Vegemite & cheese baked Fingers Cheese and Fruit Veg Medley Water	Rice Cakes & Spreads Cheese and Fruit Veg Medley Water	Apricot Muesli Wholemeal slice Cheese and Fruit Veg Medley Water	Shredded wheatmeal Biscuits Cheese and Fruit Veg Medley Water
After 5pm	Vegetable Platter	Vegetable Platter	Vegetable Platter	Vegetable Platter	Vegetable Platter

Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Morning Tea	Raisin & Wholemeals Toasts & spreads Fruit Water	Raisin & Wholemeals Toasts & spreads Fruit Water	Raisin & Wholemeals Toast & Spreads Fruit Water	Raisin & Wholemeals Toast & Spreads Fruit Water	Muffins & Spreads Fruit Water
Lunch	Minestrone	Creamy Tuna Pasta Bake	Apricot Chicken and rice	Curried Sausages with Mash and Vegies	Mixed Sandwiches
Dessert	Fruit & Custard Water	Vanilla Yoghurt Water	Fruit and Custard Water	Vanilla Yoghurt Water	Icecream Cones Water
Afternoon	Oaty Wholemeal Slice Cheese and Fruit Veg Medley Water	Rice Cakes & spread Cheese and Fruit Veg Medley Water	Vegemite & Cheese Baked Fingers Cheese and Fruit Veg Medley Water	Saos & spreads Cheese and Fruit Veg Medley Water	Shredded wheatmeal Biscuits Cheese and Fruit Veg Medley Water
After 5pm	Vegetable Platter	Vegetable Platter	Vegetable Platter	Vegetable Platter	Vegetable Platter

Week 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Morning Tea	Raisin & Wholemeal Toast & Spreads Fruit Water	Raisin & Wholemeal Toast & Spreads Fruit Water	Raisin & Wholemeal Toast & Spreads Fruit Water	Raisin & Wholemeal Toast & Spreads Fruit Water	Muffins & Spreads Fruit Water
Lunch	Tuna Corny Mornay and Rice	Cheesy Broccoli Pasta Bake	Spaghetti Bolognese	Sausages in Gravy and mixed Veg	Mixed Sandwiches
Dessert	Fruit and Custard Water	Vanilla Yoghurt Water	Fruit and Custard Water	Vanilla Yoghurt Water	Icecream Cones Water
Afternoon Tea	Date Wholemeal Slice Cheese and Fruit Veg Medley Water	Vegemite Cheese fingers Cheese and Fruit Veg Medley Water	Rice Cakes & Spreads Cheese and Fruit Veg Medley Water	Shredded wheat biscuits Cheese and Fruit Veg Medley Water	Saos & spreads Cheese and Fruit Veg Medley Water
After 5pm	Vegetable Platter	Vegetable Platter	Vegetable Platter	Vegetable Platter	Vegetable Platter